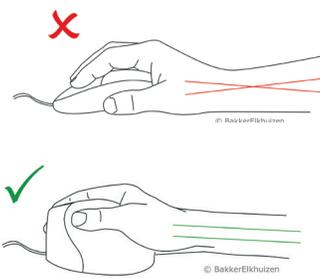


How to create the ideal home-office?

As more and more organizations are bound to let their employees work from home, new unpredicted challenges arise. How do you ensure that your employees can work from home in a healthy way and as productively and comfortably as in the office?

Vertical mice

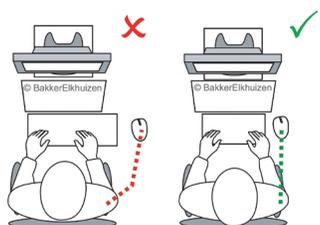
Vertical mice are grasped in a 'handshake' position. This position keeps the wrist from bending as much to the side while the forearm also turns inward to a lesser degree. In other words, using a vertical mouse decreases ulnar deviation and pronation (Schmid, et al., 2015). This means that muscle activity in the forearm and wrist is less than it would be when using a conventional mouse (Quemelo & Vieira, 2013).



	Handshake mouse	Evolutent Standard right
Unique feature	For small and medium hands	Easy to get used to
Hand	Right or left	Right
Connection	Wired and wireless	Wired
Number of buttons	3	3
DPI	400/1600/3200	1200
Available versions	Handshake Left VS4, Left Wireless VS4, Right VS4 and Right Wireless VS4	Also available Evolutent 3, Evolutent 4 and Evolutent D

Compact Keyboards

Research has shown that 90% of keyboard users seldom if ever use the numeric pad. Working with a compact keyboard results in greater comfort because it reduces the reaching distance to the mouse (Cook, C., et al., 1998). This puts less strain on the shoulder and forearm. Dark letters on a light background make them easier to read (ISO 9241), and contribute to increased productivity (Snyder, 1990). BakkerElkhuizen keyboards have high-quality scissor mechanism keys for an ergonomic key stroke.

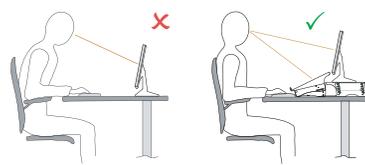


	UltraBoard 960	S-Board 840
Unique feature	Compact standard keyboard, incl. numeric part	Compact keyboard, incl short cut keys
Connection	Wired	Wired
USB Hub	2	2
Size (mm)	363 x 19 x 147	305 x 20 x 165

How to create the ideal home-office?

Monitor arms & stands

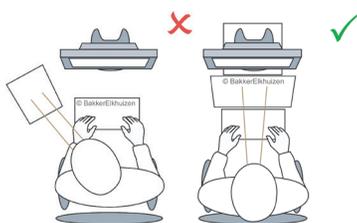
The monitor stands and arms from BakkerElkhuizen help prevent neck and shoulder issues and give you a comfortable work position. An optimised monitor position works a lot more comfortably and increases productivity by 10% compared with poor placement (Sommerich et al., 2001).



	SmartOffice 11	Q-riser 110
Unique feature	Ideal for flexible working	In two materials available; clear acrylic or recycled PET material
Compatible with	Monitor up to 9 kg	CRT or flatscreen
Height range (mm)	170-500	2 heights: 75 and 105 mm

Document holders

An aligned document holder helps create a functional workspace and achieves short viewing distances between document, screen and keyboard, thus increasing productivity. There is a clear connection between comfort and productivity. In fact, improved comfort in the workspace leads to a 10% increase in productivity (Vink & De Korte, 2008).



	Q-Doc 100 Special	Q-Doc 515 Circular Line
Unique feature	Easier taking notes due to the foam border.	100% circular material
Material	Clear acrylic	Recycled material (PET)
Size (mm)	505 x 100 x 285	450 x 95 x 295

Sit-Stand Desks

The effect of alternating between standing and sitting is a higher, lengthier concentration level (Ebara, et al., 2008).



	Adjustable Sit-Stand Desk Riser 2
Unique feature	This mobile platform fits any dining room table or standard non-adjustable desk.
Size (mm) / Weight (g)	880 x 120 x 415 / 1500