

M8™

Monitor Arm





Introducing the M8

Thank you for choosing Humanscale's M8, a monitor arm that will suit whatever needs you have, now or in the future. It was designed to support a wider range of monitors than any other arm, so if you have one monitor now, you can upsize or even add another one later. In addition, we believe a heavy-duty monitor arm doesn't have to feel like a heavyweight, so we engineered the M8 to be extremely easy to adjust. Your boss finally approved that 30" cinema display? The M8's got you covered.

Best Regards,

A handwritten signature in black ink, appearing to read 'Mark McKenna', with a long horizontal flourish extending to the right.

Mark McKenna

Positioning Instructions

The M8 offers virtually effortless adjustment—simply grasp the monitor and put it where you want it. Use the following guidelines for ideal ergonomic positioning.

1 Height

The top of the monitor display should be at or just below eye level.

2 Distance

Position the monitor at a comfortable viewing distance, approximately an arm's length away.

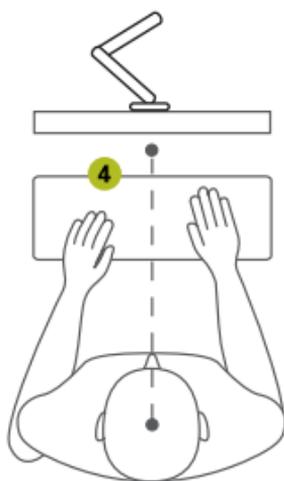
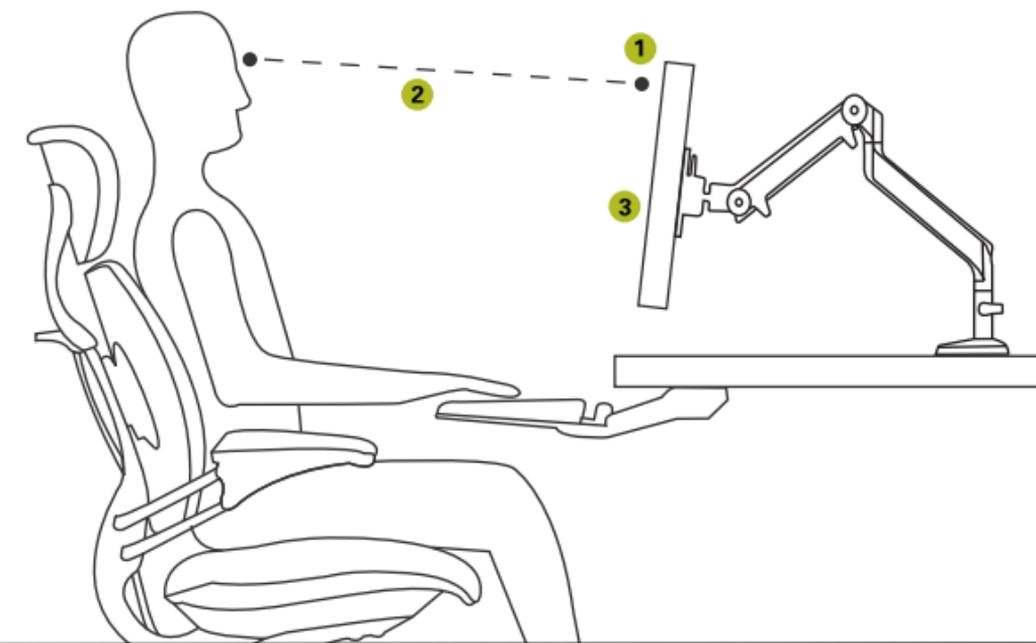
3 Angle

Tilt the top of the monitor away from you so your line of sight is perpendicular to it.

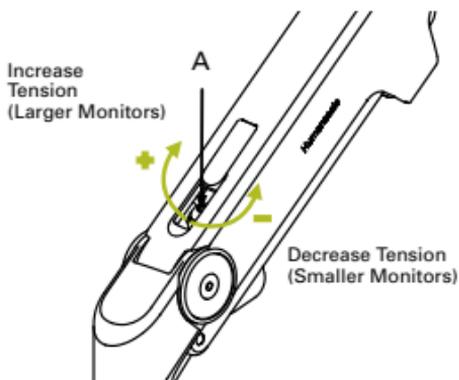
4 Alignment

Position the monitor so it's in line with the space bar of your keyboard and the centerline of your body.

The M8 also allows the monitor to be pushed out of the way to create extra space on the work surface or turned to promote collaboration with others. Simply move as needed.



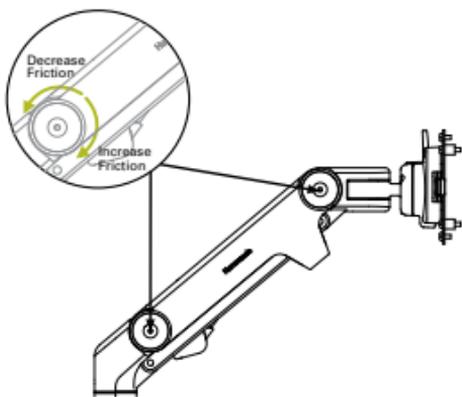
Counterbalancing the M8



The monitor should be easy to move and should stay in place when you let go of it. If the monitor is difficult to adjust or moves without assistance, it is not properly counterbalanced.

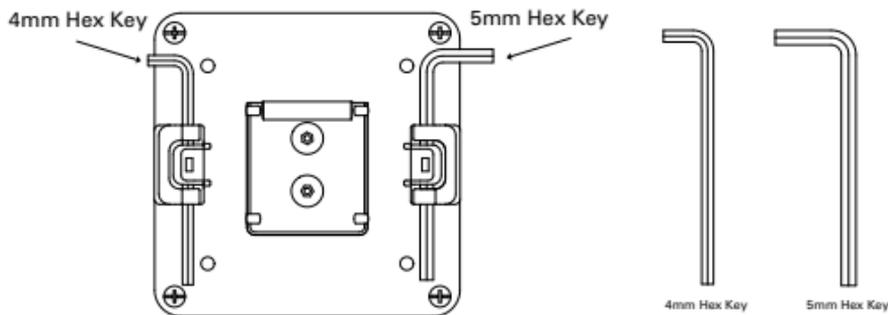
Use 5mm Hex Key to adjust the tension screw located in the M8's upper link. Turn the tension screw clockwise to increase tension for larger, heavier monitors and counterclockwise to decrease tension for smaller, lighter monitors.

If further adjustment is required, use 4mm Hex Key to turn the half-dollar-size friction discs located on the side of the M8. Turn each screw counterclockwise if the



monitor is difficult to move and clockwise if the monitor moves on its own. Be sure to apply approximately the same amount of rotation to each screw.

Hex Key Storage



For easy storage, insert hex keys into their corresponding clips on either side of the M8's VESA bracket.

Humanscale and the Environment

For all its advancements, the M8's most notable achievement is that it treads lightly where the environment is concerned.

- Few parts mean few manufacturing processes
- Light weight means minimal material to source, process, dispose of, and ship
- Slim profile enables less wasteful packaging
- Durable design means it won't need to be replaced for a very, very long time
- 72% recycled content and 99% recyclable
- Contributes to valuable LEED-CI, -NC and -EB points



www.humanscale.com