BACK APP NO MORE BACK PAIN













ARE YOU ALSO SITTING FOR 13.7 HOURS EVERY DAY?

When you are eating, traveling, at work, watching TV, visiting friends \dots

THERE IS EVIDENCE THAT BACK APP CAN REDUCE BACK PAIN

Scientific studies of people who suffer back pain while sitting, show that the pain diminishes significantly compared with sitting on an ordinary office chair.

SCIENTIFIC EVIDENCE SHOWS THAT BACKAPP CAN

HELP PEOPLE SIT MORE UPRIGHT

Using Back App your posture improves and it is easier to sit upright

REDUCE THE EFFORT OF SITTING UPRIGHT

You get less fatigued than when sitting on an ordinary office chair

INCREASE THE AMOUNT OF MOVEMENT IN SITTING

A constant but gentle workout comes naturally by sitting on Back App

CHALLENGE BALANCE IN A SMOOTH. CONTROLLED MANNER

You keep your balance in the same way as when you walk in the woods, ride a horse or paddle a kayak

REDUCE BACK PAIN WHILE SITTING

Scientific studies of people who suffer back pain while sitting, show that the pain diminishes measurably compared with sitting on an ordinary office chair





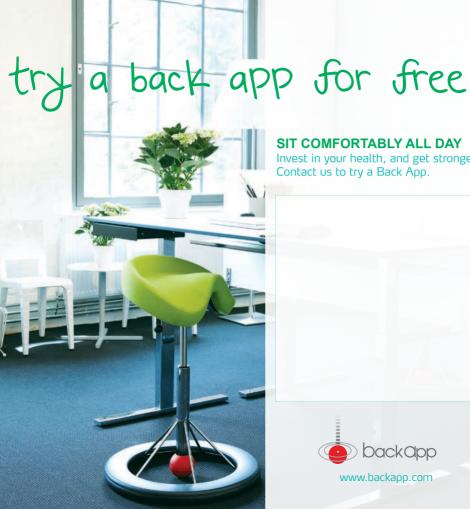


BACK APP - INTERVAL TRAINING FOR YOUR BACK

When sitting on the Back App you are relaxed in a neutral position. When you move you balance on the ball and activate your back muscles providing a gentle but constant exercise.

It is easy to switch between sitting and standing. Your posture is very similar to that of standing upright.





SIT COMFORTABLY ALL DAY

Invest in your health, and get stronger! Contact us to try a Back App.



www.backapp.com